

# SUNSHINE MEDICAL CENTRE NEWSLETTER

February 2024



**198 BUSSELL HWY, BUSSELTON | (08) 9751 4500**

**Welcome to our monthly newsletter for the month of February 2024! We have some exciting updates for you from Sunshine Medical Centre & Family Practice. As always, our goal is to keep you informed and provide the best care possible. For any inquiries, please call us at (08) 9751 4500.**



## **HEALTH AWARENESS MONTH:**

This February, we stand in solidarity with individuals and families affected by ovarian cancer during Ovarian Cancer Awareness Month. Our clinic is committed to raising awareness about the importance of early detection and the symptoms to watch for. We encourage you to visit our website for valuable resources, support services, and information on how you can contribute to this important cause.

## **INTRODUCING OUR NEW DOCTORS**

We're thrilled to welcome two exceptional additions to our medical team this February - Dr. Wenyang Li and Dr. Muhit Saqlain. Bringing a wealth of knowledge and expertise in general practice, they are passionate about delivering comprehensive care to our community. Get to know them better and discover how they can assist you in your health journey by visiting our team page on our website.

## **CLINICAL EXERCISE PHYSIOLOGIST**

Meet our Accredited Exercise Physiologist, Arjan Ruba, at our Busselton clinic. Whether you're looking to improve fitness or require rehabilitation, our tailored exercise programs are designed to meet your unique needs. Schedule an appointment and take control of your health and wellness journey.

## **HOLTER MONITOR SERVICES**

We offer a 24-hour Holter monitor service. Our nurse can fit the monitor, and a cardiologist will read and return the results within 24 hours.

## **SATURDAY CONSULTATIONS**

We're open on Saturdays at our Busselton location! Please note that the standard consultation price is \$90, with private billing only. Our commitment to accessible healthcare ensures we're here when you need us.

## **COSMETIC INJECTABLES AVAILABLE!**

An exciting reminder about our cosmetic injectables! Nurse Tiffany Fraser and Dr. Kiran Ruba are ready to assist you with your aesthetic goals. Book online through our website or Health Engine, or give us a call.

## **MISSED APPOINTMENT POLICY:**

Please remember that missed appointments without a 2-hour notification incur a \$60 fee at our Busselton medical practice. Your prompt communication helps us serve all our patients effectively.

## **REPEAT PRESCRIPTIONS:**

Repeat scripts for medications need to be obtained by having a telephone consult with your GP. Patients who have not been seen in the last 12 months will need to attend the consult in person.

## **COVID-19 VACCINE UPDATE: MODERNA SPIKEVAX XBB1.5 NOW AVAILABLE**

In our ongoing efforts to combat COVID-19 and keep our community safe, we are pleased to announce the availability of the Moderna Spikevax XBB1.5 vaccine at our clinic. This latest vaccine variant offers enhanced protection against the most recent strains of the virus. Protect yourself and your loved ones by scheduling your vaccination appointment today.

## **JOB OPPORTUNITIES:**

Join our dedicated team of health professionals at Sunshine Medical Centre in Busselton. Send your CV to [admin@sunshinemed.com.au](mailto:admin@sunshinemed.com.au), and make a difference in our community.

## **HEALTH ASSESSMENTS:**

Are you between the ages 45-49 or over 75? Book your free health assessment at our Busselton clinic. Our comprehensive assessments identify preventable health issues, guiding you towards improved health and quality of life.

## **CONFIDENTIALITY:**

Your medical records are confidential at Sunshine Medical Centre. Our Busselton practice ensures the security of personal health information, accessible only to authorised staff members.



## CLINIC ACCREDITATION AND PATIENT SURVEY

Our clinic is proud to announce our upcoming accreditation in April. This process helps us ensure that we are providing the highest standards of medical care. As part of our accreditation, we will be distributing surveys to all of our patients. Your feedback is crucial to us, and we kindly ask for your participation to help us continue to improve and serve you better.

## SHOW YOUR SUPPORT WITH A 5-STAR GOOGLE REVIEW

If you've had a positive experience with us, we would greatly appreciate it if you could share your feedback with a 5-star review on Google. Your support not only motivates our team but also assists others in the community in choosing quality healthcare services.

## REFERRALS:

Patients must book an appointment with a doctor to obtain a new referral. This may be done via a telephone consult. However, patients who have not attended in the past twelve months will require a face-to-face appointment to obtain a Medicare rebate.

## ACCOUNTS:

Accounts will be presented after your consultation and all fees are payable on the day. You will receive the Medicare rebate as part of the transaction.

- All children under 12 are bulk billed
- All Concession Card holders pay a discounted rate.

## INTEGRATIVE MEDICINE WITH DR. STEPHANIE CHOULARTON

At Sunshine Medical Centre, we believe in treating the whole person, not just the symptoms. This is why we are thrilled to feature the work of Dr. Stephanie Choularton, who specialises in Integrative Medicine. To learn more about integrative medicine, contact our practice.

## ACUPUNCTURE WITH DR. RUSSELL MCDONNEL:

We're excited to highlight the unique services provided by Dr. Russell McDonald. Acupuncture is a traditional Chinese medicine recognised for its ability to relieve pain, reduce stress, and improve overall wellness. To book an acupuncture session, please call us at 0897514500.

**Thank you for being a part of our Sunshine Medical Centre & Family Practice community. We look forward to providing excellent care for you and your family.**

