

SUNSHINE MEDICAL CENTRE NEWSLETTER

October 2023



198 BUSSELL HWY, BUSSELTON | (08) 9751 4500

Welcome to our monthly newsletter for the month of October 2023! We have some exciting updates for you from Sunshine Medical Centre & Family Practice. As always, our goal is to keep you informed and provide the best care possible. For any inquiries, please call us at (08) 9751 4500.



HEALTH AWARENESS MONTH:

October marks Breast Cancer Awareness Month, a crucial period dedicated to increasing awareness of breast cancer and promoting the importance of early detection. At Sunshine Medical Centre in Busselton, we advocate for regular screenings and self-examinations, crucial practices that lead to early diagnosis and improved treatment outcomes. Learn more about prevention and care for breast cancer on our website and schedule your screening appointment today.

IMPORTANT UPDATE - MY MEDICARE CHANGES

The government has introduced My Medicare, a new voluntary patient registration system designed to maximize your entitlements under Medicare. It's vital to register with your preferred General Practice to ensure uninterrupted access to our quality services. While voluntary registration doesn't limit you to one Practice, future government funding will likely be tied to your registered Practice. Stay informed and prepared by choosing Sunshine Medical Centre & Family Practice as your preferred healthcare provider in Busselton.

CLINICAL EXERCISE PHYSIOLOGIST

Meet our Accredited Exercise Physiologist, Arjan Ruba, at our Busselton clinic. Whether you're looking to improve fitness or require rehabilitation, our tailored exercise programs are designed to meet your unique needs. Schedule an appointment and take control of your health and wellness journey.

HOLTER MONITOR SERVICES

We offer a 24-hour Holter monitor service. Our nurse can fit the monitor, and a cardiologist will read and return the results within 24 hours.



FLU VACCINES

Protect yourself and your loved ones with flu vaccines at our Busselton clinic. As we continue through the winter months, we emphasize the importance of vaccines in safeguarding health and reducing flu severity. Schedule your appointment today.

SATURDAY CONSULTATIONS

We're open on Saturdays at our Busselton location! Please note that the standard consultation price is \$90, with private billing only. Our commitment to accessible healthcare ensures we're here when you need us.

COSMETIC INJECTABLES AVAILABLE!

An exciting reminder about our cosmetic injectables! Nurse Tiffany Fraser and Dr. Kiran Ruba are ready to assist you with your aesthetic goals. Book online through our website or Health Engine, or give us a call.

MISSED APPOINTMENT POLICY:

Please remember that missed appointments without a 2-hour notification incur a \$60 fee at our Busselton medical practice. Your prompt communication helps us serve all our patients effectively.

MODERNA SPIKEVAX BIVALENT BA.4-5 NOW AVAILABLE:

We continue to stock Moderna Spikevax Bivalent BA.4-5 at our Busselton clinic, suitable for adults and children over 12 years. Reach out to our reception staff to book your booster dose.

JOB OPPORTUNITIES:

Join our dedicated team of health professionals at Sunshine Medical Centre in Busselton. Send your CV to admin@sunshinemed.com.au, and make a difference in our community.

HEALTH ASSESSMENTS:

Are you between the ages 45-49 or over 75? Book your free health assessment at our Busselton clinic. Our comprehensive assessments identify preventable health issues, guiding you towards improved health and quality of life.

CONFIDENTIALITY:

Your medical records are confidential at Sunshine Medical Centre. Our Busselton practice ensures the security of personal health information, accessible only to authorised staff members.



REPEAT PRESCRIPTIONS:

Repeat scripts for medications need to be obtained by having a telephone consult with your GP. Patients who have not been seen in the last 12 months will need to attend the consult in person.

INTEGRATIVE MEDICINE WITH DR. STEPHANIE CHOULARTON

At Sunshine Medical Centre, we believe in treating the whole person, not just the symptoms. This is why we are thrilled to feature the work of Dr. Stephanie Choularton, who specialises in Integrative Medicine. To learn more about integrative medicine or to schedule an appointment with Dr. Choularton, contact our practice.



ACCOUNTS:

Accounts will be presented after your consultation and all fees are payable on the day. You will receive the Medicare rebate as part of the transaction.

- All children under 12 are bulk billed
- All Concession Card holders pay a discounted rate.

REFERRALS:

Patients must book an appointment with a doctor to obtain a new referral. This may be done via a telephone consult. However, patients who have not attended in the past twelve months will require a face-to-face appointment to obtain a Medicare rebate.

ACUPUNCTURE WITH DR. RUSSELL MCDONALD:

We're excited to highlight the unique services provided by Dr. Russell McDonald. Acupuncture is a traditional Chinese medicine recognised for its ability to relieve pain, reduce stress, and improve overall wellness. To book an acupuncture session, please call us at 0897514500.

Thank you for being a part of our Sunshine Medical Centre & Family Practice community. We look forward to providing excellent care for you and your family.

